

CERTIFICATE

OF PARTICIPATION

This is to certify that

Alison Redmond

Has successfully participated & completed the

5km Ezemvelo Trail Run Challenge 2019

held at Ezemvelo Nature Reserve.

TIME 00:51:41

PACE 10:19/km

OVERALL 32 of 53

20 October 2019, Sun

Date

GENDER 14 of 33

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BoutTime

Signature